

Illinois Certification Board



A word cloud centered on the word "counseling" in a large, dark red font. Other words in various sizes and colors (dark red, brown, yellow) are arranged around it, including: therapy, people, depression, peers, human services, ethics, adolescents, recovery, support, problem, health, professional development, substance use, gambling, adult, discussion, addiction, therapist, together, listening, hope, help, healthcare, mental health, discuss, person, patient, talking, counselor, psychology, skills, advise, and professional development.

2024 Spring Conference
March 18-22, 2024

AGENDA



Welcome to the 2024 ICB Spring Conference!

Dear Esteemed Attendees,

On behalf of the Illinois Certification Board, it is my distinct pleasure to extend a warm welcome to each of you to the 2024 Spring Conference. As Executive Director, I am thrilled to see our community come together once again to share insights, innovations, and best practices in our field.

This conference marks a significant milestone in our ongoing journey of professional development and collaboration. It provides an invaluable platform for us to engage in meaningful discussions, exchange ideas, and forge new connections with fellow professionals, educators, students and stakeholders.

The goal of myself, the staff, and the ICB Board of Directors is to produce a conference that highlights our collective commitment to excellence and adaptability in the face of evolving challenges and opportunities. As we navigate the ever-changing landscape of our field, we must continue to embrace innovation, foster inclusivity, and uphold the highest standards of professionalism.

Throughout the conference program, you will have the opportunity to participate in a diverse range of sessions, workshops, and networking events tailored to meet your professional needs and interests. Whether you are seeking to enhance your clinical skills, explore emerging trends, or engage in thought-provoking discussions, we trust that you will find this conference to be both enriching and rewarding.

I would like to express my deepest gratitude to our sponsors, partners, presenters and volunteers for their unwavering support and dedication in making this event possible. Their contributions play a pivotal role in advancing our mission and strengthening our community.

As we embark on this exciting journey together, I encourage you to make the most of your time here, seize every opportunity for learning and growth, and cultivate lasting connections that will enrich your professional journey for years to come.

Thank you for your participation and commitment to excellence. I look forward to seeing you all at the conference and witnessing the impact of our collective efforts in shaping the future of our profession.

Warm regards,

Chris

Chris Boyster
Executive Director, ICB



When you refer your patients to
Gateway Foundation, you can trust in
our ability to deliver outcomes that
advance the recovery of thousands of
patients and families every day.

877.505.HOPE
GatewayFoundation.org



Conference Highlights

Special Guest Speaker

Mackenzie Phillips

Monday, March 18th

International Speaker

Mark Sanders

Monday, March 18th

Exhibit Hall

March 18th-22nd

Evening Workshops

Monday, March 18th

Tuesday, March 19th

ICB Annual Meeting and

Thursday, March 21st

ICB Job Fair

Thursday, March 21st

Spring Conference 2025

Scholarship Award

Friday, March 22nd

Jessica Hayes Lifetime Achievement Award

Friday, March 22nd

Keynote & Special Film

Screening

Joseph Green & Greg Williams

Friday, March 22nd

Thank you Sponsors



Sgro, Hanrahan,
Durr, Rabin &
Reinbold, LLP

Attorneys at Law
1119 S. 6th St.
Springfield, IL 62703
217-789-1200





Montrose
BEHAVIORAL HEALTH HOSPITAL

Inpatient Treatment for Adults

Montrose Behavioral Health Hospital is a leading provider of comprehensive behavioral health treatment for adults age 18 and older. At Montrose, we provide age-appropriate care and crisis intervention services in a safe and secure environment.

We also have a separate children and teens hospital for children ages 5-12 and adolescents ages 13-17.



Learn More Today!

(773) 977-4030 | www.montrosebehavioral.com
4840 North Marine Drive | Chicago, IL 60640

ICB Call For Papers

Fall 2024 & Spring 2025 Conference

Presentation Title: _____

Format of Presentation (circle one): 90 Min. 2 Hr. 3 Hr. Panel Flexible (Choose 1 or more)

Level of Training (circle one): Level 1 – Basic Level 2 – Intermediate Level 3- Advanced

Topic Areas - circle 1 or more:

AOD Specific	Prevention	Relationships	CODP/RDDP
Specific Populations	Counseling Skills	Criminal Justice	Peer Support
CFPP	Gambling	LGBTQ	Other _____

I wish to be considered for: _____ Fall 2024 Conference _____ Spring 2025 Conference

Brief Description of Presentation (1-2 sentences)

Attach summary/outline of presentation: (1/2 page minimum) Include the learning objectives and what participants will gain from the presentation.

Presenter Vita:

Complete a vita form for each and every person who will be presenting.

Name: _____

Certification/Degree _____

Title: _____

Company/Employer: _____

Business Address _____

Home Mailing Address: _____

Daytime Phone #: _____ Email: _____

List three (3) names and phone number of references who can attest to your presentation skills.

Name _____ Telephone(include area code) _____

Name _____ Telephone(include area code) _____

Name _____ Telephone(include area code) _____

Complete and return to: Training and Education Committee - C/O ICB, Inc. 401 E. Sangamon Avenue - Springfield, IL 62702

Papers for presentation at the 2024 Fall and 2025 Spring Conference will be selected by the ICB Education/Training Committee. Presenters chosen will be notified by ICB staff. Presenters will be granted CEU's and a complimentary registration for the day of their presentation. If you have any questions about this procedure, contact Julia Ford at (217) 698-8110. You may also email the information to Julia@iaodapca.org.

Papers for the Fall 2024 Conference must be received by May 31, 2024.

Papers for the Spring 2025 Conference must be received by August 31, 2024.

Thank You Departing Board Members



The ICB Board of Directors would like to say thank you to Marcia Van Natta and Tim O'Boyle for dedicating years of excellence on the ICB Board of Directors. Both will finish their terms and exit the board in June 2024. Marcia served as President in 2020-2021. Both have served on numerous committees, have volunteered many hours at ICB conferences but most importantly they have both guided ICB with the vital decisions that have had to be made and supported the ICB Executive Directors along the way. Marcia and Tim brought their point of views and experiences to the table. They share their experience with the court system, the criminal justice system, recovery and recidivism just to name a few. We sincerely wish you both the best and we thank you for all that you have done and all that you will continue to do for ICB the behavioral health field.



WEB DEVELOPMENT EXPERTS SINCE 2005
DELIVERING EXCELLENCE

GoWeb1 Professional Services

Whatever your website development needs may be, our team is here to ensure your business thrives in a web-based environment.

What We Offer

- Web-based software development
- Enterprise hosting
- Domain name management
- SEO (Search Engine Optimization)
- SSL certificate renewal monitoring
- Priority support scheduling
- Creative design for marketing needs

Flagship Solutions

GoWeb1 is positioned to offer a wide range of other business solutions and platforms that can help kick start or revive your existing landscape.

ALERTS MADE EASY®
Internal, business-critical messaging.

TEXT CLUBS
Expand your reach with SMS messaging.

RATES®
Grow your reputation and improve conversions by encouraging customer reviews.

ACCESSIBLE
GoWeb1 has partnered with AccessiBe to automate accessibility and improve ADA Compliance for your website.



Great customer service followed by a great product. What more could you ask for.

KEVIN KUHN
Kuhn & Trello Consulting Engineers

For more information, find us online at goweb1.com, or give us at call at 217.241.8554



Join us for at the 2024 ICB Job Fair!

Thursday, March 21, 2024

4:45pm - 6:45pm

Westin Hotel, Itasca, IL

Organizations will be on hand with job opportunities for you. Bring your smile and resume.

Conference and Non-Conference participants can attend.

NO REGISTRATION NECESSARY!

Your dream job could be awaiting.

MONDAY, MARCH 18, (4 CEUs)

10:00am – 11:30am	Registration and Networking	LOBBY
10:30am – 4:45pm	Exhibits	ABRICOT
11:30am – 2:45pm	Workshop A The Special Sauce: Five Ingredients for Helping Clients Sustain Recovery Mark Sanders, LCSW, CADC (Attendance Required)	GRAND BALLROOM
1:15pm – 1:30pm	Water Break	ABRICOT
2:45pm – 3:15pm	Snack and Beverage Break	ABRICOT
3:15pm – 4:15pm	SPECIAL GUEST SPEAKER – Sponsored by Latino Treatment Center Mackenzie Phillips (Attendance Required)	GRAND BALLROOM
5:30pm – 8:45pm	Monday Evening Workshop (3 CEUs) Embracing Change and Acceptance Through the Use of Dialectical Behavior Therapy in Substance Use Counseling Kim Pinkston, LCPC, CADC, BC-DMT, GL-CMA and Don Pinkston, LCSW, CADC, ATE, ADHD-CCSP **Special Registration and Fee Required	LAKESHORE
7:00pm – 7:15pm	Evening Workshop Water Break	LAKESHORE

TUESDAY, MARCH 19, (6 CEUs)

7:00am – 8:00am	Registration and Networking	LOBBY
7:00am – 7:45am	Continental Breakfast	ABRICOT ATRIUM - SEATING
7:30am – 4:45pm	Exhibits	ABRICOT
7:45am – 8:00am	Welcome Address ICB President, Lawrence Dunbar ICB Executive Director, Chris Boyster	ABRICOT
8:15am – 9:45am	Workshops B and C	
Workshop B	Madness, Chaos, and Violence: Substance Abusing Families on the Brink Stella M. Nicholson, MA, LCPC, CAADC, MAC, CODP I, ICB Secretary	BALLROOM 3 & 4
Workshop C	What We Learned from the Psychedelic Renaissance Bruce Sewick, LCPC, CADC	BALLROOM 1 & 2
9:45am – 10:15am	Beverage Break	ABRICOT
10:15am – 11:45am	Workshops D and E	
Workshop D	The Psychiatric and Psychological Consequences of the “New” Marijuana Joseph E. Troiani, Ph.D., CADC, ICB President-Elect	BALLROOM 3 & 4
Workshop E	Engaging Community Members to Support Prevention and Recovery Donna Nahlik, Nadia Klekamp, and Kari Knapp, CHES	BALLROOM 1 & 2
11:45am – 1:00pm	Lunch Break	ATRIUM

TUESDAY, MARCH 19, continued

1:00pm – 4:15pm	Workshops F and G	
Workshop F	Being Comfortable or Being Happy: How Do You Choose? Cheri DeMoss, MA, LCPC, CAADC, NCADCII, MAC, NCRS	LAKESHORE
Workshop G	Training of Leaders – Navigating the Challenges of Cultural Change Don Pinkston, LCSW, CADC, ATE, ADHD-CCSP, Pamela Woll, MA, CPS, Giselle Navarro, Ph.D., LCSW, CADC, and Michael Moran, MA, CADC, ICB Board Member	BALLROOM 1 & 2
2:30pm – 2:45pm	Beverage Break	ABRICOT
5:30pm – 8:45pm	Tuesday Evening Workshop (3 CEUs) Couples: The Rules of Engagement Cheri DeMoss, MA, LCPC, CAADC, NCADCII, MAC, NCRS **Special Registration and Fee Required	LAKESHORE
6:30pm – 7:30pm	Open AA meeting	BALLROOM 1 & 2
7:00pm – 7:15pm	Evening Workshop Water Break	LAKESHORE

WEDNESDAY, MARCH 20, (6 CEUs)

7:00am – 8:00am	Registration and Networking	LOBBY
7:00am – 7:45am	Continental Breakfast	ABRICOT ATRIUM - SEATING
7:30am – 4:45pm	Exhibits	ABRICOT
7:45am – 8:00am	Welcome Address ICB President, Lawrence Dunbar ICB Executive Director, Chris Boyster	ABRICOT
8:15am – 9:45am	Workshops H and I	
Workshop H	The Sisterhood and Substance Use: Exploring the Relational Dynamics between Women and Substance Use Disorders Dominique Phua, LCSW, CADC	BALLROOM 3 & 4
Workshop I	Understanding and Addressing Compulsive Sexual Behavior Disorder Brian Lengfelder, LCPC, CAADC, CCJP, SAP, MAC, CCTP, CSAT-S, CMAT-S, ACRPS	BALLROOM 1 & 2
9:45am – 10:15am	Beverage Break	ABRICOT
10:15am – 11:45am	Workshops J and K	
Workshop J	Recovery Support: Unlocking the Potential of the Recovery Community Mike Tyson, CPRS, ICB Board Member	BALLROOM 1 & 2
Workshop K	Trauma, Shame, and Substance Use Disorders Maryse Nazon, Psy.D., CADC, CODP I	BALLROOM 3 & 4
11:45am – 1:00pm	Lunch Break	ATRIUM

WEDNESDAY, MARCH 20, continued

1:00pm – 4:15pm	Workshops L and M	
Workshop L	Counseling African Americans with Substance Use Disorders– Sponsored by Great Lakes ATTC Mark Sanders, LCSW, CADC, Benneth Lee, MA, CADC and Alonzo Lee	BALLROOM 3 & 4
Workshop M	A Closer Look at Denial– Sponsored by Illinois Association for Behavioral Health Bob Carty, LCSW, CADC and Shawntrell Moore, MA, LCPC, CADC	BALLROOM 1 & 2
2:30pm – 2:45pm	Beverage Break	ABRICOT
5:00pm – 6:00pm	Open NA meeting	BALLROOM 1 & 2
6:30pm – 7:30pm	Open AA meeting	BALLROOM 1 & 2

THURSDAY, MARCH 21, (6 CEUs)

7:00am – 8:00am	Registration and Networking	LOBBY
7:00am – 7:45am	Continental Breakfast	ABRICOT ATRIUM - SEATING
7:30am – 4:45pm	Exhibits	ABRICOT
7:45am – 8:00am	Welcome Address ICB President, Lawrence Dunbar ICB Executive Director, Chris Boyster	ABRICOT
8:15am – 9:45am	Workshops N and O	
Workshop N	Gender-Affirming Care: Navigating Mental Health & Substance Use Disorders Working with Transgender, Genderfluid, Gender Nonconforming Folks Kristina Padilla, LAADC, ICAADC, NGCRC, C-SAT	GALLERY BALLROOM
Workshop O	Countertransference: Balancing Ethical Practice and Authenticity Kirsten Leininger, MS, CADC, ICB Board Member	LAKESHORE
9:45am – 10:00am	Beverage Break	ABRICOT
10:00am – 11:15am	Workshops P and Q	
Workshop P	IDHS/SUPR Gambling Services: Becoming a Gambling Informed State Kellie Gage, MS, CAADC and Jim Wilkerson, LCPC	LAKESHORE
Workshop Q	The ABC's of Clinical Supervision: Optimizing Your Skills as a Counselor Supervisor Pete Nielsen, MA, LAADC	GALLERY BALLROOM
11:30am – 12:00pm	Annual Meeting (Attendance Required)	GRAND BALLROOM
12:00pm – 1:00pm	Lunch	GRAND BALLROOM

THURSDAY, MARCH 21, continued

1:00pm – 4:15pm	Workshops R and S	
Workshop R	Building a “Beloved Community” Benneth Lee, MA, CADC and Alonzo Lee	GALLERY BALLROOM
Workshop S	Listening to Kids in a Dangerous World Pamela Woll, MA, CPS and Nancy J. Phillips, MS-Psy, CAADC, CFPP	LAKESHORE
2:30pm – 3:00pm	Beverage Break	ABRICOT
4:45pm – 6:45pm	Job Fair Open to ANYONE in search of a job in behavioral health	ALCOVE
5:00pm – 6:00pm	Open NA meeting	GALLERY BALLROOM
6:30pm – 7:30pm	Open AA meeting	GALLERY BALLROOM

FRIDAY, MARCH 22, (4 CEUs)

7:00am – 8:00am	Registration and Networking	LOBBY
7:00am – 7:45am	Continental Breakfast	GRAND BALLROOM
7:30am – 12:30pm	Exhibits	ABRICOT
7:45am – 8:00am	Welcome Address ICB President, Lawrence Dunbar ICB Executive Director, Chris Boyster	GRAND BALLROOM
8:00am – 9:30am	Keynote: Narrative Disruption – How I Became the Primary Author of My Character Joseph Green, CEO and Founder of LMSvoice (Attendance Required) Presentation of the Jessica Hayes Lifetime Achievement Award	GRAND BALLROOM
9:30am – 10:00am	Keynote: Introduction to <i>Tipping the Pain Scale</i> Greg Williams, President of Third Horizon Strategies, Producer of <i>Tipping the Pain Scale</i> (Attendance Required)	GRAND BALLROOM
10:00am – 10:30am	Snack and Beverage Break- Sponsored by Bronxism	ABRICOT
10:30am – 12:30pm	Workshop 13 Special Screening of the Movie – <i>Tipping the Pain Scale</i> Followed by a special Q & A session. Greg Williams, President of Third Horizon Strategies, Producer of <i>Tipping the Pain Scale</i> and Joseph Green, CEO and Founder of LMSvoice	GRAND BALLROOM

Disclaimer: The workshops do not necessarily reflect the policies or practices of ICB, Inc.

Thank you Exhibitors

AA

Ascension-Presence Behavioral Health

Aurora University

College of DuPage

Family Guidance Centers, Inc

Fighting Addiction With Fiction

Gateway Foundation

Go Web1

Governors State University

Healthcare Alternative Systems

Hikma Community Health

Illinois Family Resource Center/Hour House

Latino Treatment Center

Lewis University

Linden Oaks-Endeavor Health

Lutheran Social Services of Illinois

Montrose Behavioral Health Hospital

Northwestern Medicine

Rosecrance Health Network

Sandstone Care

Serenity House

Summit Behavioral Healthcare

Trinity Sober Living

University of St. Francis

WestCare Foundation



**DUPAGE
ROSC
RCO**

SERENITY HOUSE
COUNSELING SERVICES, INC.

Please Note

CEU certificates will be mailed to participants after the completion of the conference. Participants will be required to sign in to workshops to verify attendance to obtain CEUs. Participants are expected to attend the entire length of each workshop. We appreciate your cooperation with this process

SAVE THE DATE

ICB Fall Conference

October 28-30, 2024

Springfield, IL



NEW LOCATION!!

THRESHOLDS

Of all the people who reported a substance use condition in the last year,

**94% DID NOT
RECEIVE
TREATMENT**

Thresholds' Substance Use Treatment Program empowers individuals to clarify personal values and life goals, gain knowledge and support, and practice skills needed to build hopeful and healthier futures.

We meet clients where they are, providing individualized, non-judgmental, evidence-based care, including medication-assisted treatments.

115 N PARKSIDE AVE | CHICAGO, IL 60644
(773) 537-3219



Thank you Volunteers

From college students to Board Members, they all are a perfect fit for ICB volunteers! We thank all of you for helping the ICB staff have a smooth successful week. It's always a pleasure to have you by our side.

Sincerely, ICB Staff

*Chris, Dianne, Julia, Madison,
Erlyn and Alex*

Notes



About H.A.S.

H.A.S. provides a continuum of multicultural and bilingual (English/Spanish) behavioral care and social services that empower individuals, families, and communities. H.A.S. seeks to implement sustainable programs that benefit society by improving the well-being and recovery efforts of those individuals, families, and communities impacted by behavioral health problems.

Contact:

(312) 850-0050

www.hascares.org



Our Services

- Outpatient IOP/OP Substance Use Disorder Treatment and Counseling
- Medication Assisted Recovery
- Outpatient Mental Health Counseling & Treatment
- ¡BASTA! Domestic Violence Prevention & Intervention
- Partner Abuse Intervention & Anger Management
- Housing Support
- DUI
- Case Management
- Community Outreach & Harm Reduction



CELEBRATING FIFTY YEARS OF
COMMUNITY COUNSELING & TREATMENT

ICB Board of Directors 2023-2024

Lawrence Dunbar, CAADC

Michael Fonda, CSADC

Rebecca Giese, Student Advisor

Monika Gomez, CADC

Brian Hazard, CADC

Kirsten Leiningner, CADC

Michael Moran, CAADC

Stella Nicholson, CAADC

John Nunley, CADC

Timothy O'Boyle, CADC

Adriana Trino, CADC

Joe Troiani, CADC

Mike Tyson, CPRS

Marcia Van Natta, CADC

2023-2024 Officers

Lawrence Dunbar, President

Joe Troiani, President-Elect

Adriana Trino, Treasurer

Stella Nicholson, Secretary

Marcia Van Natta, Past President

ICB Staff

Chris Boyster, Executive Director

Dianne Williams, Senior Operations

Julia Ford, Operations

Madison Litterly, Operations

Eryn Leever, Operations

Alex Hodson, Program/Grant Manager



**CACREP accreditation
and online components
make it easier to earn
your Clinical Mental
Health, M.S.**



**Discover your opportunity to soar at
lewisu.edu/academics/grad-psychology**





SPRING CONFERENCE 2024

EVALUATION FORM

March 18 - 22, 2024

Please rate the overall conference in the categories listed below using the following scale:

5 – Excellent 4 - Very Good 3 - Average 2 - Below Average 1 - Poor

Met My Objectives 5 4 3 2 1

Quality Met My Expectations 5 4 3 2 1

Provided Me With Useful Contacts 5 4 3 2 1

Comments: _____

Friendliness and Helpfulness of Volunteers 5 4 3 2 1

Friendliness and Helpfulness of Staff 5 4 3 2 1

Comments: _____

Exhibit Area 5 4 3 2 1

Comments: _____

Ease of Registration 5 4 3 2 1

Daily Schedule 5 4 3 2 1

Comfort (space, lighting, temperature, acoustics, ventilation) 5 4 3 2 1

Location 5 4 3 2 1

Comments: _____

Your Comments Are Very Important To Us!

Collection Boxes Located at Walk-In Registration and the Exhibit Hall